



## Next Meeting!

Monday, November 13th

6:30pm - 8:30pm

Fireside Room

## What to know:

- Hospitality is a variety of homemade pies
- Each mom will make 2 take home freezer meals - Please bring \$5 to help defray costs
- Bring a friend
- Please bring yearly dues of \$20 if you have not yet paid
- Childcare provided

## November Birthdays:

Elizabeth Seibert 1st

Kacie Wanemacher 7th

Stacie Armstrong 19th

Shanda Verhoff 30th

Cindy McCarthy 30th



## Meal Prep Musing...from Sarra

What would you do if you won the lottery? Buy a grand, new house? Purchase that sports car you think about? Go on a dream vacation? I know exactly what I would do. I would hire a chef. (Ok, maybe the cleaning lady would be hired first. It's a toss-up.) I would love to have someone else thinking about dinnertime around here. Feeding the people under my roof is a big job! *And they want to eat Three. Meals. A. Day. Seriously.*

***Planning. Shopping. Prepping. Cooking. Serving. Time! It just takes so much time!***

And then the inevitable...someone utters those dreaded four words.

*"I don't like it."*

**AAHH!!**

Thankfully, I have my list of potential full-time cooks ready and filed away. And one of them just happens to be one of my favorite people on the planet! Mel Rupp is hands down one of the best cooks to enter my life. I don't believe I've ever eaten something she's prepared and not walked away in a food coma. Everything she cooks may be prepared with two sticks of butter and double the sugar, but every bite is worth it! And she will be joining us this month to give us some hints and tips on just a few of the things she makes best.

We will also be learning about stocking our freezer with meals to use later. Janae Lammers has graciously asked to share her knowledge and expertise in making meals in bulk and putting them away for the future. **We will have everything prepped and ready for you to put together two meals to take home! We simply ask that you bring a \$5 donation toward the cost of food.** How amazing does that sound?!

Whether you love to cook or loathe it, we hope you will join us and be inspired to try something new or plan ahead better. If you aren't, we'll assume you've won the lottery and you're off on vacation. 😊 See you there!

*Sarra Hudson, M&Ms Coordinator*



## Creative Thanksgiving Ideas for your Family

- ◆ Write a Thanksgiving poem or prayer
- ◆ Share Thanksgiving Bible verses: Ask each family member to read a favorite verse before the Thanksgiving meal
- ◆ Remember Thanksgivings Past: Ask each family member to share a favorite Thanksgiving memory
- ◆ Celebrate with Thanksgiving Communion: Plan a time of family Communion to give thanks for Christ's life, death, and resurrection.
- ◆ Give a Thanksgiving Offering: Prepare an offering to give to a needy family or favorite charity.
- ◆ Pass on a Thanksgiving Blessing: Invite a widow, single person, or someone who is lonely to share your Thanksgiving meal. Give a grocery store gift card to a single parent or fill up a college student's gas tank.
- ◆ Hold a Thanksgiving Play: Get your kids involved to act out the pilgrim play for the thanksgiving guests.

Give thanks to the Lord, for he is good!  
His faithful love endures forever.  
1 Chronicles 16:34



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Don't forget! Please bring \$5 to help cover the costs of the 2 freezer meals that you will be taking home!

